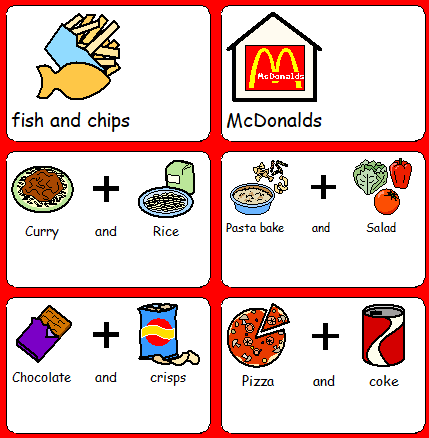
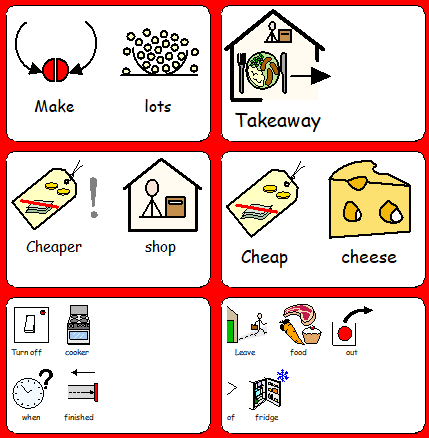
Independent Living Symbol Resources – LO1-4

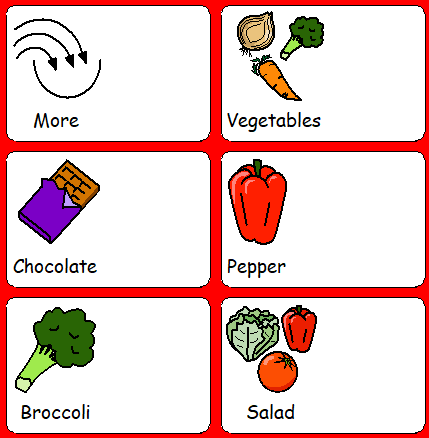
LO: To identify a recipe for a well balanced healthy meal



LO: To suggest at least one way to reduce the cost of the meal



LO: To suggest at least one way to increase the number of fruit and vegetables in this meal



LO: To work in a safe and hygienic way

