**Some useful websites for Parents**

**General Support and Advice**

<https://www.nspcc.org.uk/>

**https://www.pshe-association.org.uk/**

**Physical Health and Wellbeing:**

<https://www.nhs.uk/change4life>

<https://www.foodafactoflife.org.uk/>

https://kidshealth.org/

**Keeping Safe and Managing Risk:**

<https://www.childline.org.uk/>

<https://www.childline.org.uk/kids>

<https://www.ceop.police.uk/safety-centre/>

<https://england.shelter.org.uk/>

<https://www.childnet.com/resources/looking-for-kidsmart>

<https://www.unicef.org.uk/>

<https://www.redcross.org.uk/>

https://www.thinkuknow.co.uk/

**Careers, Financial Capability and Economic Wellbeing:**

<https://www.moneysavingexpert.com/>

<https://www.young-enterprise.org.uk/>

**Citizenship**

<https://www.youngcitizens.org/>

<https://www.oxfam.org.uk/>

<https://www.princes-trust.org.uk/>

<https://www.redcross.org.uk/get-involved/teaching-resources/wellbeing-activities-being-kind-to-yourself>

**Drug, Alcohol and Tobacco Education:**

<https://www.talktofrank.com/>

**Living and Growing:**

<https://www.dove.com/uk/dove-self-esteem-project.html>

**Mental Health and Emotional Wellbeing:**

<https://youngminds.org.uk/>

<https://www.childbereavementuk.org/>

<https://www.winstonswish.org/>

https://www.bullying.co.uk/

**Sex and Relationships**

<https://www.nhs.uk/live-well/sexual-health/getting-contraception/>

<https://www.brook.org.uk/>

<http://www.sexeducationforum.org.uk/>

<https://www.rsehub.org.uk/>