

Playing with sounds

Making silly sounds helps children learn how to use their tongue and lips for talking.

They will enjoy watching and listening to you at first. When they're ready they might try to join in.

Here are some ideas to try: -

- Look in a mirror, pull silly faces and make silly noises
- Blow raspberries
- Play the 'Boo' game
- Do lip smacking and kissing sounds
- Make a 'lala' noise by flicking your tongue in and out of your mouth
- Blow out your cheeks and gently go 'p' as you open your lips



Next link sounds to games and activities:-

- 'Brm' when playing with a car
- Animal noises (e.g. 'baa', 'moo', 'woof')
- 'Shh' when dolly/teddy is sleeping or when brushing doll's hair
- 'mmm' when pretending to eat or at mealtimes
- Make a siren type sound for a fire engine

Games you can play:-

- Build a tower of bricks and say 'b' for each brick
- Walk upstairs saying 'd' for each step, or 'up' and 'down'
- With bubbles, say 'b' or 'pop'
- Say 't t t' for the clock ticking
- When using a posting box or ring stacker make different sounds for each one you post or stack