Our students enjoy completing practical,hands on,tasks with support. During these difficult times students can be developing life skills in the home. These could be a range of activities such as making simple things like toast, a sandwich or a salad. You could also Include housekeeping e.g. washing up after breakfast/lunch/dinner, loading and unloading the dishwasher or washing machine, brushing teeth or learning how to use the washing machine.

Dear parents/carers.  Can you please try to encourage your child to complete as many of the above tasks as possible and maybe take some pictures.

1. Morning routine - brushing teeth, finding clothes to wear, getting dressed and using fine motor skills especially practicing zips, buttons and shoe laces
2. Getting involved in meal preparation - breakfast, lunch, dinner, ( making toast, helping themselves with cereals, cooking a simple jacket potato- we were practicing it in school.
3. Please exercise twice a day - this could be a walk or garden activities
4. Lesson activity from list below.
5. Remember about relaxation time.

**There are links to games and English and maths activities :**

<https://www.creativebug.com/>

[http://www.topmarks.co.uk](http://www.topmarks.co.uk/)

<https://www.online-stopwatch.com/classroom-timers/>

<https://www.abcya.com/>

<https://www.teachyourmonstertoread.com/games/tm1/demo>

<https://uk.ixl.com/ela/>

<https://uk.ixl.com/math/>

<https://www.senteacher.org/printables/mathematics/>

<https://www.twinkl.co.uk/resources/covid19-school-clouser>

Common Sense Media:

<https://www.commonsensemedia.org/blog/free-online-events-activities-kids-at-home-coronavirus?j=7711684&sfmc_sub=170506015&l=2048712_HTML&u=143747069&mid=6409703&jb=734&utm_source=covid19_freeactivities_20200323&utm_medium=email>

**Sign up for a free trial on Widgit to create symbols**

<https://www.widgit.com/products/widgit-online/index.htm>

**Corona virus social story:**

<https://www.elsa-support.co.uk/coronavirus-story-for-children/>

<https://littlepuddins.ie/coronavirus-social-story/>