



Social and Emotional Development and Wellbeing Curriculum Map- Overview KS1- KS5 2020-21

Throughout the year and across all key themes, Milestones and learning opportunities.

Character Education: *All learners will be encouraged to develop different aspects of their character including independence, creativity, resilience, determination and confidence. We view good character as the foundation of improved behaviour, improved attainment and flourishing societies. Character education is central to our school ethos and culture and underpins our curriculum offer and school wide positive behaviour support systems.*

Transitions: *Learners will consistently be encouraged to understand and effectively prepare for any changes and transitions linked to daily structures and routines, transitions between sessions, classes, year groups, phases, etc.*

KS1	2 Year Rolling Programme	KS 2	4 Year Rolling Programme	KS3	3 Year Rolling Programme
KS 4	2 Year Rolling Programme	KS 5	3 Year Rolling Programme		

Term		Autumn		Spring		Summer
Core Themes		Health & Wellbeing		Relationships		Living in the Wider World
KEY STAGE 1 Topics (2 Year Rolling Programme)						

Key Stage 1	YEAR 1	Autumn 1	What makes me Unique and Special	Spring 1	Me and my friends	Summer 1	Belonging and Keeping safe at school
		Autumn 2	My body and Personal Care	Spring 2	Me and My family	Summer 2	Belonging and Keeping safe at Home
	YEAR 2	Autumn 1	Physical Health and Fitness: Looking after my body	Spring 1	Special People in my Life	Summer 1	Belonging and Keeping safe in the local community
		Autumn 2	Emotions and Feelings	Spring 2	Understanding and appreciating Respectful Relationships	Summer 2	Belonging and Keeping safe in the wider community
KEY STAGE 2 Topics (4 year rolling programme)							
Key Stage 2	YEAR 1	Autumn 1	Manners and Courtesy	Spring 1	Secrets and Surprises	Summer 1	Being an Active Citizen
		Autumn 2	Being Myself: Personal Identity and knowing own Qualities	Spring 2	Appropriate and Inappropriate Touch	Summer 2	Life in Modern Britain
	YEAR 2	Autumn 1	Mental Wellbeing & Emotional Wellbeing	Spring 1	How our behaviour and actions affect other people	Summer 1	Respecting Rights

	Year 3	Autumn 2	Healthy Body & Healthy Mind	Spring 2	Celebrating Differences: Similarities and differences between people	Summer 2	Respecting and Protecting the Environment
		Autumn 1	Leisure Time & Hobbies	Spring 1	Challenging Stereotypes and discrimination	Summer 1	Being a Global Citizen: Making a difference in the world
		Autumn 2	Coping with Change, Taking Responsibility and New Beginnings	Spring 2	Online Relationships	Summer 2	World of Work: Jobs in our school community
	Year 4	Autumn 1	Puberty: Growing up and Changing	Spring 1	Bullying including Cyberbullying	Summer 1	World of Work: Jobs in the local Community
		Autumn 2	Puberty: The Cycle of Life	Spring 2	Friendships and Managing peer pressure	Summer 2	Goals and Aspirations
	KEY STAGE 3 Topics (3 Year rolling programme)						
Key Stage 3	Year 1	Autumn 1	Self-Image and Body Image	Spring 1	Relationships and Marriage including attraction	Summer 1	Learning and Employability Skills
		Autumn 2	Healthy Lifestyles	Spring 2	Relationships: Consent	Summer 2	Work and Career

	Year 2	Autumn 1	Keeping Healthy: Drugs, Alcohol, tobacco, caffeine and 'energy drinks'	Spring 1	Public and Private	Summer 1	Enterprise
		Autumn 2	Keeping safe in different situations & responding in emergencies	Spring 2	Relationship Values /Communication in Relationships	Summer 2	Money & Budget Management
	Year 3	Autumn 1	Social Influences	Spring 1	Forming and Maintaining respectful relationships	Summer 1	Employment Rights and Responsibilities
		Autumn 2	Health- related decisions	Spring 2	Long term relationships and parenthood	Summer 2	Choices and Pathways: Next Steps

KEY STAGE 4 & 5 Topics- 2& 3 Year Rolling Programmes ('Living in the Wider World' themes are included in the 'Independent Living', 'Work Experience' and PSD Subject Maps)

			Autumn- Health		Spring-Relationships		Summer- Sex Education
Key stage 4	Year 1	Autumn 1	The impact of puberty on health and wellbeing	Spring 2	Friendships and healthy relationships (including working relationships)	Summer 1	Intimate and other committed relationships
		Autumn 2	How to support own health and wellbeing, including first aid	Spring 2	How healthy relationships can benefit mental wellbeing and self-respect	Summer 2	

	Year 2	Autumn 1	The benefits of sufficient sleep, good nutrition and strategies for building resilience	Spring 1/2	Developing resilience and character in pupils	Summer 1/2	Contraception, Pregnancy and Parenthood
		Autumn 2	How outward facing activities (e.g. volunteering) are beneficial for wellbeing	Spring 2			
Key Stage 5	Year 1	Autumn 1/2	Signs of Loneliness and Isolation Mental and physical health conditions, drugs, alcohol, including first aid (Focus Group) Eating disorders	Spring 1/2	Acceptable and unacceptable behaviour in relationships	Summer 1/2	Safer sex and sexual health Facts and the law about sex, sexuality (including sexual orientation), sexual health, gender identity, <u>LGBTQ and homophobia</u>
		Year 2	Autumn 1/2	The impact of time spent online, the positive aspects of online support and how to negotiate social media, online forums and gaming	Spring 1/2	How to identify when relationships are unhealthy	Summer 1/2

	Year 3	Autumn 1/2	How pupils can judge when they, or someone they know, needs support and when to seek help	Spring 1/2	Rules and principles for keeping safe online.	Summer 1/2	Grooming, sexual and domestic abuse (Focus Group) FGM
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