

PMLD Timetable

	8:45-9:45	9:45-10:45	10:45-11:00	11:00-11:45	11:45-12:00	12:00-13:00	13:00-13:45	13:45-14:30	14:30-15:00
Monday	Registration (E&C, SED) Breakfast Club – Social & Communication Skills Physical/personal care needs – drinks, positioning of pupils into class chairs/physio equipment. (PD)	Physical Development: Rebound Therapy, Fine & Gross Motor, Physio Programme	Break Time: Hanging Out Programme/Outdoor Exploration	Communication (E&C)	Self Help & Independence Skills: Personal Hygiene Focus	Lunch Time/Outdoor Exploration/Social Time	Cooking (SED, PD)		Reading for Pleasure (E&C, SED)
Tuesday		Sensory: Sensory Room, Sensory Massage, Aromatherapy (E&C, SED)		P.E. (PD)			Creative Arts (CA)	Cause & Effect Play (FS)	Mental Health & Wellbeing (SED)
Wednesday		Physical Development: Rebound Therapy, Fine & Gross Motor, Physio Programme		Cognition (FS)			Understanding the World (R.E., Geo, His)	TACPAC/Sensory Massage (E&C, SED)	Assembly (SED, SMSC)
Thursday		Sensory: Sensory Room, Sensory Massage, Aromatherapy (E&C, SED)		Communication (E&C)			Sensory Music (E&C, CA, SED)	Social & Emotional Development (SED)	Reading for Pleasure (E&C, SED)
Friday		Physical Development: Rebound Therapy, Fine & Gross Motor, Physio Programme		Cognition (FS)			Sensory Exploration (E&C, FS)	TACPAC/Sensory Massage (E&C, SED)	Mental Health & Wellbeing (SED)