

Key: Relationship education, Living in the wider world, Health & wellbeing

PSHE Topic Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS & KS1 Y1	What makes me special?		Me and my body		My community	
EYFS & KS1 Y2	People around me		What makes me happy?		Using technology safely	
EYFS & KS1 Y3	My favourite things		Following rules		Handwashing and hygiene	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS2 Y1	<p>What is the same and different about us?</p> <p>SA1, SA3, WIL1, CG4, WIL5</p>	<p>Who is special to us?</p> <p>SA4, SA5, CG4</p>	<p>What helps us stay healthy?</p> <p>SSS1, MF2, HL1, HL2, HL3</p>	<p>What can we do with money?</p> <p>WIL2, WIL6</p>	<p>Who helps to keep us safe?</p> <p><i>Inc online safety</i></p> <p>SSS2, SSS3, SSS4, SSS5, CG3</p>	<p>How can we look after each other and the world?</p> <p>SSS1, SA5, CG4, WIL3, WIL4</p>
KS2 Y2	<p>What makes a good friend?</p> <p>SA3, SA2, SA5, SSS3, MF2</p>	<p>What is bullying?</p> <p><i>Inc bullying online</i></p> <p>SA2, SA5, SSS4</p>	<p>What jobs do people do?</p> <p>WIL2, WIL6</p>	<p>What helps us to stay safe?</p> <p><i>Inc online safety,</i></p> <p>SSS2, SSS4, SSS5, WIL3, CG1</p>	<p>What helps us grow and stay healthy?</p> <p>SSS1, CG1, CG2, HL1, HL2, HL3, WIL4</p>	<p>How do we recognise our feelings?</p> <p>SSS3, MF1, MF2, CG3</p>

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KS3 Y1	<p>How can we be a good friend?</p> <p>SA1, SA4, MF1, CG2, CG3</p>	<p>What keeps us safe?</p> <p><i>Inc online safety</i></p> <p>SA4, SSS2, SSS3, SSS4, SSS6, HL6, WILI2</p>	<p>What are families like?</p> <p>CG3, CG5, WILI1</p>	<p>What makes a community?</p> <p><i>Inc online community</i></p> <p>SA3, SSS4, WILI1, WILI2, WILI3</p>	<p>Why should we eat well and look after our teeth?</p> <p>SSS1, HL1, HL4</p>	<p>Why should we keep active and sleep well?</p> <p>SSS1, CG1, HL1, HL3</p>
KS3 Y2	<p>What strengths, skills and interests do we have?</p> <p>SA1, WILI4,</p>	<p>How do we treat each other with respect?</p> <p><i>Inc online safety</i></p> <p>SA2, SA4, MF3, CG2, CG3, CG4</p>	<p>How can we manage our feelings?</p> <p>SSS2, MF1, MF2, HL2</p>	<p>How will we grow and change?</p> <p>SSS6, CG1, HL1, HL5</p>	<p>How can our choices make a difference to others and the environment?</p> <p>SA2, SA3, WILI3</p>	<p>How can we manage risk in different places?</p> <p><i>Inc online safety</i></p> <p>SSS3, SSS4, SSS5, SSS7, HL7, WILI2, WILI5</p>
KS3 Y1	<p>What makes up a person's identity?</p> <p><i>Inc online</i></p> <p>SA1, SA3, HL5, WILI1, WILI2</p>	<p>What decisions can people make with money?</p> <p>SSS7, WILI4, WILI5</p>	<p>How can we help in an accident or emergency?</p> <p>SSS1, SSS3, SSS5</p>	<p>How can friends communicate safely?</p> <p><i>Inc online</i></p> <p>SSS4, MF1, CG2, CG3, WILI2</p>	<p>How can drugs common to everyday life affect health?</p> <p>SSS1, SSS2, HL6, HL7</p>	<p>What jobs would we like?</p> <p>WILI4, WILI5</p>
KS4 Y2	<p>How can we keep healthy as we grow?</p> <p>SSS1, SSS6, CG1, HL1, HL2, HL3, HL4</p>		<p>How can the media influence people?</p> <p>SA3, SSS2, SSS4, SSS6, SSS7, HL5, WILI2</p> <p><i>Inc online safety/online media</i></p>		<p>What will change as we become more independent? How do friendships change as we grow?</p> <p>SA4, MF2, MF3, CG2, CG3, CG4, CG5, WILI3, WILI5</p>	

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	Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Living in the wider world	Summer 1 Relationships	Summer 2 Health & wellbeing
KS5 Y1	Mental health and emotional wellbeing <ul style="list-style-type: none"> Mental health and emotional wellbeing Managing stress Body image (social media influences) Healthy coping strategies HL7, HL6, HL5, HL3, HL2, HL1	Readiness for work <ul style="list-style-type: none"> Career opportunities Preparing for the world of work Digital footprints WILI4, WILI2,	Diversity and inclusion <ul style="list-style-type: none"> Living in a diverse society Challenging prejudice and discrimination WILI3, WILI1, HL5, CG3, CG2	Planning for the future <ul style="list-style-type: none"> Exploring future opportunities Post-18 options The impact of financial decisions WILI5	Respectful relationships <ul style="list-style-type: none"> Consent Assertive communication Positive relationships and recognising abuse Strategies for managing dangerous situations or relationships Online relationships WILI2, WILI1, HL5, CG5, CG4, CG3, CG2	Health choices and safety <ul style="list-style-type: none"> Independence and keeping safe Travel First aid The impact of substance use WILI4, HL7, HL6, HL4, HL3, HL2, HL1

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KS5 Y2	<p>Independence</p> <ul style="list-style-type: none"> Responsible health choices Managing change Health and wellbeing, including sexual health, into adulthood <p>WILI4, HL7, HL6, HL4, HL3, HL2, HL1</p>	<p>Next steps</p> <ul style="list-style-type: none"> Application processes Future opportunities and career development Maintaining a positive professional identity <p>WILI4, WIL1</p>	<p>Intimate relationships</p> <ul style="list-style-type: none"> Personal values, including in relation to contraception and sexual health Fertility Pregnancy <p>HL5, CG5, CG4, CG3, CG2</p>	<p>Financial choices</p> <ul style="list-style-type: none"> Managing money Financial contracts Budgeting Saving Debt Influences on financial choices Online banking and fraud <p>WILI5,</p>	<p>Building and maintaining relationships</p> <ul style="list-style-type: none"> New friendships and relationships, including in the workplace and online Personal safety Intimacy Conflict resolution Relationship changes <p>WILI2, CG5, CG4, CG3, CG2,</p>	<p>Global Citizenship inc online</p> <ul style="list-style-type: none"> Digital footprints Acceptable use of the internet Impact of mental health Fake news How to be an active part of the community <p>WILI3, WILI2, WILI1,</p>